

Best Practices – MVDC (Mahila Vidyalaya Degree College)

Presented for NITI Aayog

1. NCC – National Cadet Corps

A distinctive feature of the College is the NCC Army Senior Wing (20 UP Girls Bn NCC), enrolling 80 students each academic session. This unit has been active since NCC was introduced for girls under the Senior Division in Degree Colleges, even before it was open to girls at the University of Lucknow.

The NCC plays a pivotal role in fostering leadership, discipline, and patriotism among female students. It offers opportunities for physical fitness, adventure, and social service. NCC instills values like teamwork, responsibility, and courage, empowering women to excel beyond academics. Training in drills, camps, and community projects enhances confidence and a sense of national duty, while improving career prospects and holistic development.

2. NSS – National Service Scheme

The National Service Scheme (NSS) has been a cornerstone of community engagement at MVDC. Each year, 400 volunteers engage through four units, participating in:

- Four one-day camps
- A seven-day special camp
- Various social campaigns and awareness drives

Volunteers complete 240 hours of service over two years. Activities include:

- Campaigns against social issues
- Poster and slogan creation
- Community engagement

Under the Ministry of Youth Affairs and Sports, NSS promotes holistic development through:

- Education and literacy
- Women empowerment and legal awareness
- Family welfare
- Environmental conservation
- Disaster relief

During the COVID-19 pandemic, MVDC NSS volunteers made significant contributions by

producing masks, distributing food, providing financial aid, and participating in government-led training programs.

3. Cultural Harmony and Inclusiveness

MVDC epitomizes Ganga-Jamuna Tehzeeb, honoring all faiths and fostering harmony. The college creates an inclusive space, promoting mutual respect among students from diverse backgrounds.

4. Infrastructure and Academic Advancements

Recent transformations aimed at improving the quality of education include:

- Wi-Fi facilities
- Computerized library
- Establishment of IQAC (Internal Quality Assurance Cell)

5. Clubs and Holistic Development

To promote creativity and personal growth, the college hosts multiple clubs:

- Creative Writing Club
- Art Club
- Health & Hygiene Club
- Career Counseling & Guidance Club

These provide platforms for self-expression, health awareness, and career development.

6. Financial Support and Scholarships

The college offers scholarships to economically disadvantaged students, both general and sponsored. Many faculty members sponsor meritorious students in memory of deceased loved ones, showing a deep commitment to education and support.

7. Human, Social, and Moral Values

MVDC emphasizes instilling:

- Honesty
- Patience
- Discipline
- Loyalty
- Knowledge
- Service to others

These are taught through programs, lectures, and co-curricular activities.

8. Student Union and Councils

The Student Union, formed annually, acts as a bridge between administration and students. Each subject/course also has its own Student Council to:

- Organize academic and cultural events
- Encourage active participation
- Maintain discipline and communication

9. Empowering Women Through Education

Recognizing the universal importance of women's education, MVDC caters especially to first-generation learners. The institution embodies the motto:
"Asato Ma Sadgamaya" – From darkness to light

As a women-only college, MVDC offers a safe and sensitive environment that respects cultural and emotional needs. It provides:

- Quality education
- Cultural relevance
- Identity and belonging

10. Safety and Equality

MVDC ensures:

- Physical, emotional, and cultural safety
- Zero tolerance toward harassment or discrimination
- Equal opportunity regardless of background

11. Creativity and Aesthetic Development

The college emphasizes the importance of art and creativity through:

- Workshops
- Cultural programs
- Artistic events

MVDC believes in shaping well-rounded individuals who value arts and culture.

12. Equal Opportunities

The institution guarantees merit-based success, breaking down social and economic barriers. It is the only local chapter of NPTEL in the city, providing access to high-quality online courses and certifications.

13. MVDC – A Catalyst for Change

MVDC represents a progressive and inclusive women's institution, dedicated to:

- Empowering women
- Fostering innovation
- Providing a nurturing environment

It is more than a college—it is a catalyst for positive change, shaping the future of countless women in the region.

14. NSS – Objectives and Vision

The primary objective of NSS is to instill:

“You before I” – Selflessness and Social Responsibility

Goals include:

- a. Strengthening connection with Gandhian ideals
- b. Developing disaster-resilient youth
- c. Sensitizing youth to societal issues
- d. Promoting personal growth through meaningful service